

# St Mary's Primary School Dechomet

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 19/3/18		Homemade Pepperoni Pizza or Chicken Pasta Bake Baked Beans or Salad, Chips or mashed potato Rice pudding & Fruit	Bolognese with Pasta Spirals and crusty Bread or Steak Burger Carrots, Gravy Mashed Potatoes Date krispies & custard	Roast Pork and Gravy, Stuffing Cabbage or Broccoli Oven Roast Potatoes and Mashed Potatoes  Frozen Mousse & Fruit	Fish in Crumbs Parsley Sauce or Chicken Crumble, Mixed Vegetables & chips or Mashed Potatoes Flake meal Biscuit & milkshake
<b>Week Two</b> 9/4/18	Fish fingers ,mixed veg or baked beans & wedges OR Ham & sweetcorn pasta bake  Ice-cream & Fruit	Oven Baked Sausages, Gravy or Lasagne & crusty bread, Sweetcorn & chips or mashed potato  Semolina &fruit	Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes  Strawberry jelly &Fruit	Shepherd's Pie, Gravy or Chicken nuggets Peas & Mashed Potatoes  Shortbread & Fruit salad	Chicken & vegetable soup Soda bread Hot dogs or tuna roll  Frozen Yogurt & milkshake
<b>Week Three</b> 16/4/18	Pasta Bolognese and crusty bread Or Grilled bacon, Gravy ,Carrots & Mashed Potatoes  Chocolate muffin cake & custard	Chicken Crumble OR Crumbed fish & parsley sauce, Cabbage or Mixed Vegetables & Mashed Potatoes Ice-cream Jelly & Fruit	Roast Chicken Stuffing, Gravy, Diced carrots &parsnip, roast OR Mashed Potatoes  Rice pudding & fruit	Homemade pepperoni Pizza or baked gammon Peas or baked beans, Chips or mashed potatoes Ice-cream fruit &wafer	Chicken & vegetable soup Steak burger in bap Or Chicken salad wrap  Rice krispie square & milkshake
<b>Week Four</b> 23/4/18	Homemade pizza , sweetcorn & diced or mashed potatoes Or Tomato & ham pasta & crusty bread  Semolina & Fruit	Roast Chicken Stuffing, Gravy or Carrots & Parsnips, oven roast OR Mashed Potatoes  Flake-meal Biscuit, Fresh Fruit	Chicken Curry & Rice with Naan Bread or Savoury mince Peas, Mashed Potatoes  Ice-cream, fruit & Wafer.	Crumbed fish or Grilled bacon Cabbage or Baked Beans, Chips or Mashed Potatoes  Fruit muffin cake & custard	Chicken & vegetable soup  Hot dogs or Tuna & sweetcorn Filled baguettes Frozen mousse & strawberry milkshake

# school food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

