

Schools Sports Programme



Foundation

We are delighted to announce the arrival of the Schools Sports Programme in your school.

This programme is delivered jointly by the Irish FA Foundation and Ulster GAA to Key Stage 2 pupils all over the country. Our aim is to provide specialist expertise to support P.E. provision in your school. Our Let Them Play Officers will deliver sessions in curriculum time covering:

- **Athletics**
- **Dance**
- **Games**
- **Gymnastics**



We aim to raise confidence, resilience, self-esteem, and motivation of all the pupils we engage with. This is achieved through sessions which are challenging and innovative with a clear learning outcome. It is our hope that through this programme the children will:

- Experience new sports and learn new skills
- Develop a lifelong interest in maintaining an active and healthy lifestyle

The focus of these sessions is not just to engage the children but also to inspire the teachers we work with. We will be available in a mentor capacity to work with your teachers in developing their own P.E delivery. This could be as simple as providing them with more resources and ideas, or helping them develop their own coaching process. We hope to have a lasting impact on P.E delivery beyond the term spent in your school.

LET THEM PLAY